

Go MAD

[Make A Difference]

IN 25 WAYS, OVER 25 DAYS

Join RMHC-SWVA and celebrate the holiday season by going **MAD**! Use this calendar for inspiration as you plan activities to help make a difference.

1

LAUGHS ALL AROUND. Be silly, sing a song or dance. Do what it takes to make others laugh today.

2

GIVE compliments today via handwritten notes, social media posts and phone calls.



TREAT A STRANGER. Pay for someone's coffee, soda, or lunch.



SUPPORT small businesses - shop and visit local farmer's markets, shops, and arts & crafts fairs.

4

5
HERO APPRECIATION. Deliver treats to your local fire department, police station or military venue.

6

BOOK DONATION. Donate new or used book to your library or a charity.

7
ROUND-UP. Round-up your order at McDonald's for the Ronald McDonald House.



10 COLLECT Tab Tops for the Ronald McDonald House.

8
WISHLIST WEDNESDAY. Donate items off a non-profits wishlist.

DONATE outgrown toys to a local charity.

9

11
SMILE at everyone you see today!

12

HOLD the door open for someone.

13
DONATE FOOD to a local charity.

18

HELP with yard work for a local charity or neighbor.

SEND a hand-written letter to a friend or family member.

15

Make a THANK YOU card for someone special in your life.



MAIL CARRIER SUPRRISE. Leave a thank you note and treat in your mailbox for your local carrier.

17
CLOTHING DONATION. Donate clothes to a local organization or shelter.

14

A LITTLE CHANGE. Drop change in a donation box at an area McDonald's.

19

20
FEED the birds or HELP a furry friend.



21
CALL a far away relative to say hello

22

LEND A HAND. Do a chore for someone in your family.

DONATE to a local charity for your end of the year contribution.

23

24
Give someone a HUG coupon.

GIFT OF LOVE. Give a family member a special gift.

25