

how can you help?

10 ways to help the Ronald McDonald House in 2021



DONATE YOUR CHANGE

to a McDonald's canister in your local restaurant or ask to "Round-Up for RMHC" when you place your order on the kiosk or with a crew member at the counter or drive-thru.



BECOME PART OF OUR HOME

through our Adopt-A-Night Program. Organizations support two critical needs of our House, renovations and sustainable income. Through two options, Adopt-a-Room and Love-A-Room, you can help us sustain our operations and keep our home updated.

SPONSOR AN EVENT

from our annual Golf Tournament to our Rock-A-Tee event, we have many opportunities for you to showcase your support of RMHC.

SPREAD THE WORD

by joining us on social media. Like Us on Facebook, Sign-Up for our E-newsletter, Follow-us on Instagram and don't forget to share our message and invite all your friends to join us!

TRULY MAKE A DIFFERENCE IN CHILDREN'S LIVES

by volunteering, donating, providing in-kind gifts, or in any way supporting Ronald McDonald House Charities of Southwest Virginia. "No one is more cherished in this world than someone who lightens the burden of another. Thank you"

DECORATE YOUR BUSINESS WITH LOVE

through our Hearts of Hope program. Your patrons can share their love for a special person in their life while also helping RMHC-SWVA Keep Families Close when they need it the most!

GATHER A GROUP AND "ROCK" YOUR TEES

for our annual Rock-A-Tee day. Put an order together with your colleagues and "Rock" your tees with us. Join us on May 7, 2021 for our next Rock-A-Tee day!

ORGANIZE AN OUTSIDE FUNDRAISER

because you know that whether it's a lemonade stand, a company jeans day, a happy hour or a golf outing, the proceeds will help make sure children won't have to go through their illness alone.

COLLECT TAB TOPS

with your coworkers and bring us your tabs. When you pull a tab top from a soda can, you are pulling for the families of Ronald McDonald House Charities of Southwest Virginia. The funds we get from recycling tab tops goes to help support our operating budget.

HELP FULFILL THE HOUSE WISH LIST

with a Wishlist Drive so that our House is stocked with basic necessities a home requires, such as trash bags, single serve snacks and other items. You can also ship snacks or supplies to us from our Amazon Wishlist.



For More Information:
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